

"Brent Bradley and Jim Farrow have contributed significantly to EFT research, literature and teaching resources. They are excellent models of the clinical practice of EFT and wonderful colleagues. I am delighted to be able to endorse and support the EFT workshop and externship they are offering to clinicians. They are wonderful models of passionate sophisticated practitioner scientists."

-Susan Johnson  
Co-author of EFT

**When:**  
**November, 30 2007**

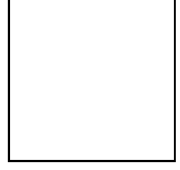
**Time:**  
**8:30 am - 4:00 pm**

**Where:**  
**DePelchin Children's Center**  
**4950 Memorial Dr.**  
**Houston, TX 77007**  
**713-730-2335**

\*If you require special accommodations to attend this event please contact us at 281-283-3396

\*Printing donated by Tara Energy

University of Houston - Clear Lake  
Family Therapy Student Association  
Student Life Office, Box 198  
2700 Bay Area Blvd.  
Houston, TX 77058



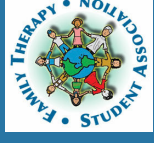
University of Houston -  
Clear Lake  
Family Therapy Student  
Association  
&  
The Houston Association of  
Marriage and Family  
Therapy

**Presents:**

**EFT Part II**  
**Emotionally Focused**  
**Couples Therapy:**  
**The Power of**  
**Attachment & Affect**

**Presented By:**

**Dr. Brent Bradley**  
**&**  
**Dr. Jim Farrow**





**Brent Bradley, Ph.D.** is associate professor in the Family Therapy Program at the University of Houston-Clear Lake. He has published original research in the *Journal of Marriage and Family Therapy*, and is a co-author of *Becoming an Emotionally Focused Couple Therapist: The Workbook*. Dr. Bradley holds two annual externships endorsed by Dr. Susan Johnson and the Ottawa Couple and Family Institute. He is also an active researcher, focusing on how attachment theory and affect focus impact change processes.



**Jim Furrow, Ph.D.** is associate professor in the Department of Marriage and Family Therapy at Fuller Theological Seminary in Pasadena, CA. He is also the Co-Director at the Center for Research in Child & Adolescent Development. Dr. Furrow is a pivotal co-author with Dr. Susan Johnson, Dr. Brent Bradley and others of *Becoming an Emotionally Focused Couple Therapist: The Workbook*. Dr. Furrow and Dr. Bradley hold 32 hour EFT externships in Los Angeles and now, Houston, every year.

\*To learn more about these presenters please visit [www.theeftzone.com](http://www.theeftzone.com)

## Workshop Overview

This 6 CEU one-day workshop is for therapists of all skill levels. The focus of the workshop will be on how to effectively work with and “use” emotional processing from an adult attachment perspective, specifically within the Emotionally Focused Couples Therapy (EFT) approach. EFT is one of only two empirically validated approaches to treating couple distress and the only one anchored in attachment theory. The presenters will use their own research findings and in-session video segments throughout the day. Small group discussions and role-plays will also be used to make this workshop as clinically relevant and applicable as possible.

## Workshop Schedule

- Session I: Beyond Bargains: An EFT/Attachment View of Relationships
- Session II: Emotion: Tapping into Attachment-Related Affect in Session One
- Session III: The Attachment Lens in EFT: May The Force be with You...
- Session IV: Creating Connection: Processing Affect Inside and In-Between Partners

## Workshop Objectives

Participants will gain a basic understanding of:

- An EFT/Attachment view of adult intimate relationships
- Working with emotion in initial sessions
- Bringing attachment theory into the session to guide the processing of emotion
- Processing affect inside *and* in-between partners in a couples context

## Registration Form

Name: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City: \_\_\_\_\_ State: \_\_\_\_\_

### Early Bird Fees:

- Professional: \$95.00  
 HAMFT Professional Member: \$85.00  
 Students: \$45.00  
 FTSA Student Member: \$35.00

**Please note that early registration rates are effective through November, 16 2007 & include breakfast and a boxed lunch. After that date, the rates will increase by \$10 & will not include lunch. Onsite registration will be available.**

### Please indicate if CEUs desired:

This workshop has been approved for 6 CEUs  
 LMFT  LMSW  LPC  LPA  PhD  
 (CEUs will be given out at the end of the workshop.)

Please make checks payable to FTSA.

Please return this form along with your registration fee to:

University of Houston-Clear Lake  
 Family Therapy Student Association  
 Student Life Office, Box 198  
 2700 Bay Area Blvd.  
 Houston, TX 77058