

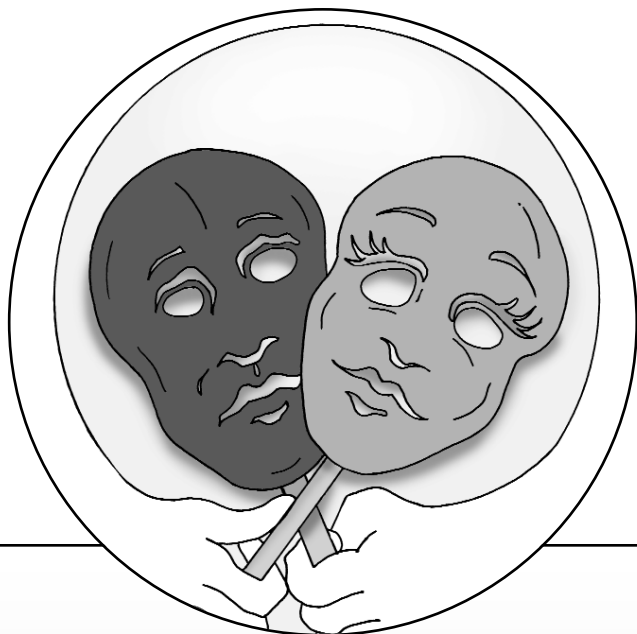
Mental Health Resource and Education Network presents

Emotionally Focused Couples Therapy:

The Power of Attachment and Affect

Presented by

Dr. Brent Bradley & Dr. Jim Furrow



Workshop Overview:

This 6 CEU one-day workshop is for therapists of all skill levels. The focus of the workshop will be on how to effectively work with and "use" emotional processing from an adult attachment perspective, specifically within the Emotionally Focused Couples Therapy (EFT) approach. EFT is one of the only two empirically validated approaches to treating couple distress and the only one anchored in attachment theory. The presenters will use their own research findings and in-session video segments throughout the day. Small group discussions and role-plays will also be used to make this workshop as clinically relevant and applicable as possible.

Workshop Objectives:

- Learning an EFT/Attachment view of adult intimate relationships
- Working with emotion in initial sessions
- Bringing attachment theory into the session to guide the processing of emotion
- Processing affect inside *and* in-between partners in a couples context

"Brent Bradley and Jim Furrow have contributed significantly to EFT research, literature and teaching resources. They are excellent models of the clinical practice of EFT and wonderful colleagues. I am delighted to be able to endorse and support the EFT workshop and externship they are offering to clinicians. They are wonderful models of passionate sophisticated practitioner scientists."

– Susan Johnson

Friday, March 7, 2008

9:00 am - 4:30 pm Workshop

**Location: Smullin Center
at Rogue Valley Medical Center**

2825 E. Barnett Road, Medford, OR 97504

Cost: MHREN members: \$100;
non-members: \$120 • \$20 discount if postmarked
prior to Feb. 22, 2008 • Mail payment to:
MHREN, PO Box 1082, Ashland, OR 97520

6 CEUS included

Cancellation Policy:

More than 30 days notice - \$25 fee
Less than 30 days - lose 50%
Same day or no show - no refund

For more information go to: www.MHREN.org
or Gary at (541) 535-8542



Brent Bradley, Ph.D. is an associate professor in the Family Therapy Program at the University of Houston-Clear Lake. He has published original research in the *Journal of Marriage and Family Therapy* and is a co-author of *Becoming An Emotionally Focused Couple Therapist: The Workbook*. Dr. Bradley holds two annual externships endorsed by

Dr. Susan Johnson and the Ottawa Couple and Family Institute. He is also an active researcher, focusing on how attachment theory and affect impact the change process.



Jim Furrow, Ph.D. is an associate professor in the Department of Marriage and Family Therapy at the Fuller Theological Seminary in Pasadena, CA. He is also the Co-Director at the Center for Research and Child and Adolescent Development. Additionally, Dr. Furrow is a pivotal co-author with Dr. Susan Johnson, Dr. Brent Bradley and

others of *Becoming Emotionally Focused Couple Therapist: The Workbook*. Dr. Furrow and Dr. Bradley hold 32 hour EFT externships every year in Los Angeles and Houston.