

Continuing Education for Psychologists, MFTs and LCSWs

The Wright Institute
Alameda County Psychological Association
&
The Northern California Community for Emotionally Focused Therapy (NCCEFT)

Present:

WORKING WITH ATTACHMENT RELATED AFFECT: PIVOTAL PROCESS AND CHANGE EVENTS IN EMOTIONAL FOCUSED THERAPY (EFT) WITH COUPLES.

Presenter: Brent Bradley, Ph.D.

Date: Friday, March 28, 2008, 5:30-7:30 PM

Description: Learning to let attachment theory guide the use of processing emotion is a critical aspect of EFT. This presentation will specifically focus on key elements and interventions in this process. Brent Bradley, Ph.D., a renowned expert in the area of "blamer softening events," will illustrate EFT strategies with video segments of therapy sessions and share insights gleaned from his own research program. His presentation will be of interest for those with advanced training in EFT as well as those who are curious about this empirically supported approach.

Presenter: **Brent Bradley, Ph.D.**, Associate Professor of Family Therapy at the University of Houston-Clear Lake in Houston, TX has done extensive original research on therapist facilitation of EFT Softening Events. He is also a regular co-author with Susan Johnson, presents at national conferences, and holds his own annual EFT externships in LA and Houston. He authored the chapter on Softening Events in the recently published *Becoming an Emotionally Focused Couple Therapist: The Workbook* and has published numerous journal articles and textbook chapters. Brent is well known for his passionate and dynamic teaching style. For more information on Dr. Bradley and his work, please go to www.theeftzone.com.

Cosponsor: The **Northern California Community for Emotionally Focused Therapy** (NCCEFT) was created with a vision of fostering the development of a community of EFT-trained couples' therapists in the Northern California region. Toward that end, the NCCEFT aims to promote the learning and practice of EFT, encourage certification in EFT, and enhance the satisfaction of therapists in doing EFT. In order to accomplish this mission, the NCCEFT aspires to facilitate communication and connection among EFT clinicians, share resources, support skill-building opportunities, and organize events for EFT clinicians. For more information, email: NCCEFT@aol.com

Location: The Wright Institute, 2728 Durant Ave. Berkeley, CA 94704

Time: 5:30 p.m. to 7:30 p.m. Credits: 2 pending approval

Fee: \$30 ACPA Member, \$40 General, \$20 Student/Trainee, Free for Wright Institute Faculty, Adjunct Clinical Supervisors, and Wright Collaborative Practica Personnel

To register: Contact the Wright Institute at (510) 841-9230 X105 or complete this form and mail to: The Wright Institute, CE Program Registration, 2728 Durant Avenue, Berkeley, CA 94704

REGISTRATION FORM

**WORKING WITH ATTACHMENT RELATED AFFECT:
PIVOTAL PROCESS AND CHANGE EVENTS IN EMOTIONAL FOCUSED THERAPY (EFT) WITH COUPLES.
BRENT BRADLEY, PH.D.
FRIDAY, MARCH 28, 2008
THE WRIGHT INSTITUTE**

Contact Information:

Name: _____ License/Number: _____
Phone: () _____
Address: _____
City: _____ State _____ Zip _____

Type of Registration:

- General \$40
- ACPA Member \$30
- Student/Trainee \$20
- Wright Institute Staff or Collaborative Practica Site Personnel Free

Mail checks payable to The Wright Institute to:
The Wright Institute
CE Program Registration
2728 Durant Avenue,
Berkeley, CA 94704